

## 2008-2009 Square Foot Nutrition Calendar (3-5)

Lessons	Date	Lesson Name	Type of Lesson
1	October 13-17	Garden Scavenger Hunt	Gardening
2	October 20-24	Mix and Mash - Potatoes & Greens	Cooking
3	October 27-31	Flower Power in the Media	Classroom Activities
4	November 3-7	The Edible Apple	Tasting
<b>BREAK</b>			
5	January 5-9	Seed Station Rotation	Classroom Activities
6	January 12-16	Whole Grains Rock & Pop	Classroom Activities
<b>BREAK</b>			
7	March 16-20	Root for Radishes	Classroom Activities
8	March 23-27	Take N' Teach	Food Preparation
<b>BREAK</b>			
9	May 4-8	Let's Make Room to Grow	Gardening
10	May 11-15	Bravo for Lunch	Gardening, Food Preparation
11	May 25-29	Fiber Relay Race	Classroom Activities
12	June 1-5	Harvest Celebration	Gardening/Cooking